

# SMC Day/Swing Trading Strategy

Personal playbook — v1

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## 1. Trading Window

Only look for trades from the **end of the Asia session** through **~3 hours after New York open**. No trading outside this window — no exceptions.

*This covers the London open sweep and the London/NY overlap — the highest liquidity, highest manipulation window of the day.*

## 2. Build Bias (Before Session Starts)

- Mark **Daily high/low** and **Session high/low** (Asia session) — these are your liquidity reference points.
- Check trend on **Weekly, Daily, and 4H**: is price making **Higher Highs (HH)** or **Lower Lows (LL)**? Mark this as your directional bias.
- Mark the relevant **Order Block (OB)** on HTF that lines up with this bias.
- Add a **Fixed Range Volume Profile (FRVP)** from the last day's session to today. Note the **HVN** (high volume node — price likely to react/consolidate) and **LVN** (low volume node — price likely to move through fast).

## 3. Wait for the Trigger

- Wait for a **liquidity sweep**: price takes out the Daily high/low, Session high/low, or an HVN/LVN level with a clear wick/rejection.
- After the sweep, wait for **CHOCH** (Change of Character) — a break of the most recent opposing swing point in the direction of your bias. This is your entry trigger.
- Do **not** wait for a second confirmation (BOS + pullback). Enter directly on CHOCH to preserve R:R.

*CHOCH does not have to be a textbook head-and-shoulders pattern — a simple swing failure followed by a break of the last opposing structure point counts.*

## 4. Entry, Stop Loss, Target

Element	Rule
Entry	On CHOCH confirmation, in the direction of sweep reversal
Stop Loss	Just beyond the swept point (the wick that took liquidity)
Take Profit	Next liquidity zone — Daily high/low, Session high/low, or HVN/LVN (confirm which one is actually next in front of price, not just "today's high")
Minimum R:R	1 : 3 — no exceptions. If the setup can't reach 1:3 to a real target, skip it.

## 5. Non-Negotiable Rules

- No trade outside the defined session window.
- No trade without a clear liquidity sweep first.
- No trade below 1:3 R:R — "no valid setup today" is an acceptable outcome.
- SL goes beyond the sweep — never tighter, never moved once placed.
- One trade idea per session per instrument. If invalidated, wait for the next session.

## Quick Pre-Trade Checklist

Run through this before every entry:

1. ■ Am I inside the session window (end of Asia → +3h into NY)?
  2. ■ Have I marked Daily high/low and Session high/low?
  3. ■ Is HTF bias clear (HH or LL on W/D/4H) with an OB marked?
  4. ■ Is FRVP plotted with HVN/LVN marked from yesterday to today?
  5. ■ Has a liquidity sweep actually occurred (wick beyond the level, not just a touch)?
  6. ■ Has CHOCH formed in the direction of my bias?
  7. ■ Is my SL placement beyond the swept wick?
  8. ■ Is there a real target (Daily/Session high-low or HVN/LVN) that gives at least 1:3?
  9. ■ If any answer is no — no trade.
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## Revision Log

Use this space (print or digital notes) to log what changed each time you revise this strategy — date, what you changed, and why. Keep the old version until the new one proves itself over 20+ trades.

Date	What changed	Why